



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

## *Accessing Intellectual and Developmental Disabilities Services*

### What do I need to know?

- You **MUST** have established residency in NC
- Documentation regarding I/DD or TBI diagnosis is **REQUIRED** (i.e., psychological)
- Individuals diagnosed with a brain injury by the age of 21 may be eligible for I/DD services
- NC has a Registry of Unmet Needs for the **Innovations Waiver**

### Who do I contact?

- For information about I/DD services available in your area, **contact your respective LME-MCO**
- For Disability Benefits, find and contact your **county's Social Security Administration** and/or **Apply for Disability Benefits through SSA online**
- For other benefits (NC Medicaid, assistance programs, etc.) find and contact your **county's Department of Social Services** or **Apply Online**

### Where can I find more information?

- Ages 0-5 **Children's Developmental Services Agencies**
- Ages 0-20 **Children and Youth with Special Health Care Needs**
- Ages 0-21 with Medicaid **EPSDT**
- **Medicaid Programs and Services**
- **Services for People who do not have Medicaid**

### What if I have more questions?

- **Contact your respective LME-MCO** for questions about I/DD Services
- For **State Operated Healthcare Facilities** contact **Niki.Ashmont@dhhs.nc.gov**
- For Medicaid specific questions, contact **Medicaid's Ombudsman**
- For all other community services and/or trouble contacting an LME-MCO, contact the Customer Service and Community Rights Team at 984-236-5300 or email **dmh.advocacy@dhhs.nc.gov**.



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## Additional Resources

Ages 0-21 with Medicaid

- **Early Periodic Screening Diagnostic and Treatment (EPSDT)**
  - **Personal Care Services** can be requested under EPSDT for those with Medicaid aged 21 and under with a physician's referral
- **Community Alternatives Program for Children (CAP/C)**
  - Ages 0-20
- For Research Based-Behavioral Health Treatment eligibility, **Contact your respective Local Management Entity-Managed Care Organization (LME-MCO)**

Additional Medicaid Programs and Services

- **Behavioral Health Services Community Alternatives Program for Disabled Adults (CAP/DA)**
- **Home Health Services**
- **Personal Care Services (PCS)**
- **Private Duty Nursing**
- **Tailored Care Management**
- **Contact your respective LME-MCO** or Care Manager/Care Coordinator for **1915(i) Services**
- *For additional Medicaid services eligibility (1915(i), B3 Services, In Lieu of Services, ICF-IID), **Contact your respective LME-MCO***

Additional Resources

- **Contact your respective LME-MCO** for available services in your area
- **Autism Society of North Carolina**  
**First In Families of North Carolina**
- **Hope4NC**
- **Customer Service and Community Rights Team**
- **Community Empowerment and Engagement**
- **The Arc of North Carolina**  
**Brain Injury Association of North Carolina**